



EN

Description of your oven

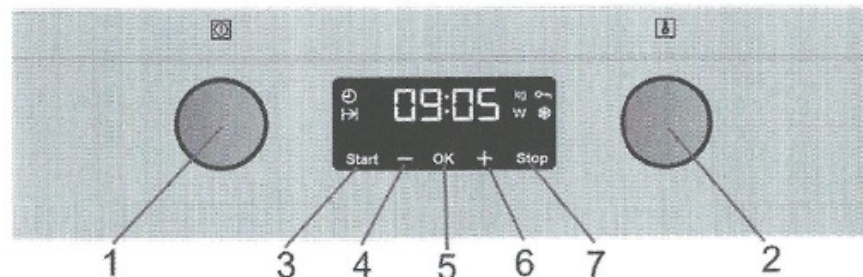
Description of Functions

Function	Microwaves Power	Foods
	200 W	Slow defrosting for delicate foods; keeping food hot.
	400 W	Cooking with little heat; boiling rice. Rapid defrosting.
	600 W	Melting butter. Heating baby food.
	800 W	Cooking vegetables and food. Cooking and heating carefully. Heating and cooking small portions of food. Heating delicate food.
	1000 W	Cooking and rapidly heating liquids and pre-cooked foods.
	200 W	Toasting food.
	400 W	Grilling poultry and meat.
	600 W	Cooking pies and cheese-topped dishes.
	---	Grilling food.
	200 W	Meat roast and simmer.
	400 W	Poultry roast.
	600 W	Other fast roasts.
	---	Roast and bake.
	---	Food even browning.
	---	Defrosting food.

Basic Functions

Microwaves

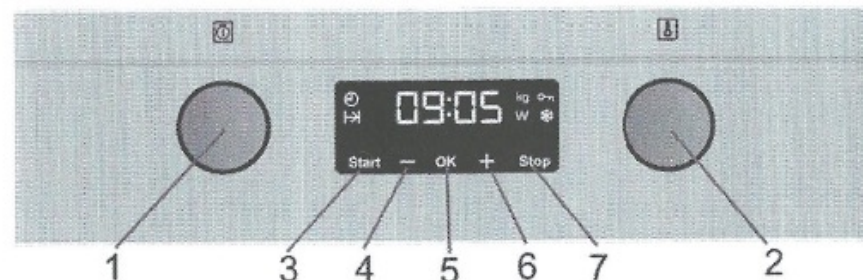
Use this function to cook and heat vegetables, potatoes, rice, fish and meat.



1. Rotate the **Function Selector** (1) to the position corresponding to the **Microwave** Function (see table "Description of Functions").
2. The **Duration Indicator Light** flashes and the **Operating Time** illuminates on the display.
3. Press the "OK" key (5).
4. Using the "-" and/or "+" keys (4/6) set the desired operating time.
5. Press the "OK" key (5).
6. The **Power Level Indicator Light** will start to flash.
7. Using the "-" and/or "+" keys (4/6) set the required Microwave Power Level.
8. Press the "OK" key (5).
9. Press the "Start" key (3). The oven will start to operate.

Grill

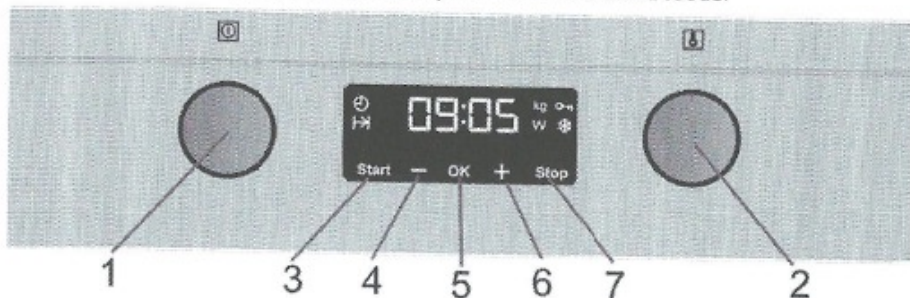
Use this function to brown the top of food quickly.



1. Rotate the **Function Selector** (1) to the position corresponding to the **Grill** Function.
2. The **Duration Indicator Light** flashes and the **Operating Time** (by default) flashes on the display.
3. Using the "-" and/or "+" keys (4/6) set the desired operating time.
4. Press the "OK" key (5).
5. Press the "Start" key (3). The oven will start to operate.

Microwaves + Grill

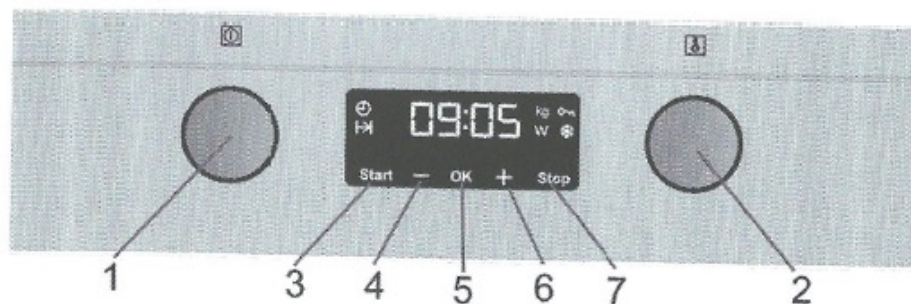
Use this function to cook lasagne, poultry, roast potatoes and toasted foods.



1. Rotate the **Function Selector** (1) to the position corresponding to the **Microwave + Grill** Function.
2. The **Duration Indicator Light** flashes and the **Operating Time** (by default) flashes on the display.
3. Using the **“-” and/or “+” keys** (4/6) set the desired operating time.
4. Press the **“OK”** key (5).
5. The **Power Level Indicator Light** flashes and the **Power Level** (by default) flashes on the display (300 W).
6. Using the **“-” and/or “+” keys** (4/6) select the required microwave power level.
7. Press the **“OK”** key (5).
9. Press the **“Start”** key (3). The oven will start to operate.

Hot-Air

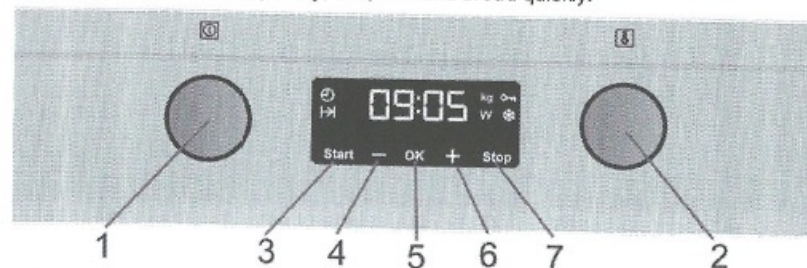
Use this function to bake food.




1. Rotate the **Function Selector** (1) to the position corresponding to the **Hot-Air** Function.
2. The **Duration Indicator Light** flashes and the **Operating Time** (by default) flashes on the display.
3. Using the **“-” and/or “+” keys** (4/6) set the desired operating time.
4. Select the desired oven temperature using the **Thermostat** (2) control.
5. Press the **“OK”** key (5).
6. Press the **“Start”** key (3). The oven will start to operate.

Defrosting (automatic)

Use this function to defrost meat, poultry, fish, fruit and bread quickly.



1. Rotate the **Function Selector** (1) to the position corresponding to the **Microwave** Function.
2. The **Duration Indicator Light** flashes and the **Operating Time** illuminates on the display.
3. Press the **“-” and/or “+” keys** (4/6) to select the **Automatic Defrosting** function .
4. Press the **“OK”** key (5). The **“F01”** option flashes on the display by default.
5. Using the **“-” and/or “+” keys** (4/6) select the required programme **“F01 – F05”** (see following table).
6. Press the **“OK”** key (5). The **Weight Indicator Light “kg”** flashes and the weight by default flashes on the display (eg.:2.00 kg).
7. Press the **“-” and/or “+” keys** (4/6) to define the weight of the food to be defrosted.
8. Press the **“OK”** key (5).
9. Press the **“Start”** key (3). The oven will start to operate.

The following table shows the defrosting by weight function programmes, indicating weight intervals, and defrosting and standing times (in order to ensure the food is of a uniform temperature).

Programme	Food	Weight (kg)	Time (min)	Standing time (min)
F 01	Meat	0.1 – 2.00	2 – 43	20 – 30
F 02	Poultry	0.1 – 2.50	2 – 58	20 – 30
F 03	Fish	0.1 – 2.00	2 – 40	20 – 30
F 04	Fruit	0.1 – 0.50	2 – 13	10 – 20
F 05	Bread	0.1 – 0.80	2 – 19	10 – 20